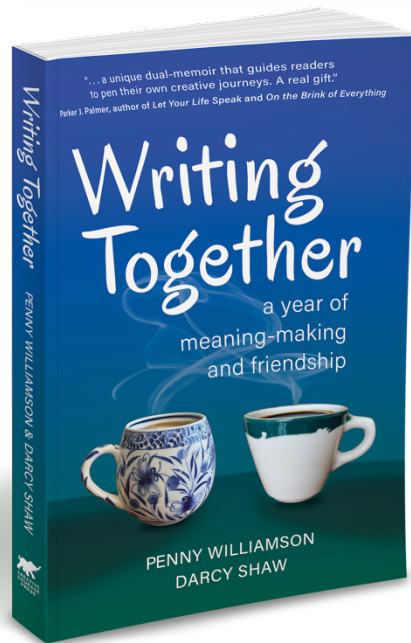




## NEW BOOK ANNOUNCEMENT



It takes courage to

# WRITE

For those who have ever felt intimidated by writing, who have stories waiting to be explored, or who long for a deeper connection with a friend, *Writing Together* offers a transformative journey of discovery.

**Release date: October 7, 2025**

Paperback ISBN: 978-1959921-066

Ebook ISBN: 978-1959921-073

Paperback price: \$21.99

Ebook price: \$12.99

Dimensions: 6 x 9 | Pages: 228

**“*Writing Together* is a unique dual-memoir that guides readers to pen their own creative journeys. A real gift. It’s a beautiful model of the kind of friendship that can make us better people and make the world a better place.”**

—Parker J. Palmer, author of *Let Your Life Speak* and *On the Brink of Everything*

### An Unexpected Journey of Writing, Friendship, and Meaning-Making

What happens when two unlikely friends—separated by age, gender, profession, and geography—commit to writing together for a year? They surprise themselves with what author Parker J. Palmer calls “a unique dual-memoir that guides readers to pen their own creative journeys.” *Writing Together* is an exploration of connection, vulnerability, and the transformative power of shared storytelling.

Penny Williamson—a facilitator and leadership coach—and Darcy Shaw—a veterinary professor—discovered something remarkable. Writing together could be a way to reflect on your life, deepen friendship, and create a powerful antidote to loneliness in a time when people are so disconnected. Using poetry as a catalyst for carefully crafted prompts, they created a process for writing in a trustworthy space that anyone could use.

**More than a traditional writing guide,** *Writing Together* offers a reflective journey of self-discovery. As two professionals trained in scientific observation, Penny and Darcy approach collaborative writing not as a path to publication, but as a profound method of meaning-making.

**Their work transcends typical memoir**, revealing how deliberate, compassionate dialogue can transform personal narrative into a shared exploration of identity, integrity, and human connection.

**This is not a book about writing perfectly but about writing courageously.** As they learned, writing with a friend reveals unexpected connections and insights. It's an invitation to:

- Flex your intellectual, emotional, and spiritual muscles
- Reconnect with your most authentic self
- Explore life's pivotal moments through a supportive, creative lens
- Deepen friendships through vulnerable storytelling
- Make sense of your life's unfinished stories

**Ideal for professionals, creatives, friends**, and anyone feeling stuck or seeking renewal, *Writing Together* proves that our most profound insights emerge when we create a safe, nonjudgmental space to listen—to ourselves and to each other.

**In a world hungry for authentic connection, this book offers a beacon of hope:** that true understanding can emerge when we write from the heart, bridging differences and finding belonging through shared stories.

**Sharpen your pencil, charge your laptop**, and prepare for a journey of unexpected discoveries. This is writing not for publication, but for the most important audience of all—yourself.



### Meet the Authors

**Penny Williamson, ScD**, is an internationally recognized facilitator, educator and coach for leaders in health care and other serving professions. She is retired Associate Professor of Medicine, Johns Hopkins University School of Medicine and a founding facilitator and mentor for the Center for Courage & Renewal. Her work focuses on living and working with authenticity, courage, and heart. Her other joys include cooking, hiking, reading and travel.

**Darcy Shaw, DVM, MVSc, MBA, Diplomate ACVIM**, is an award-winning veterinarian and Professor Emeritus of Small Animal Internal Medicine at the University of Prince Edward Island, Canada. His work spans clinical medicine to communication skills teaching and leadership development. Darcy is also a facilitator for the Center for Courage & Renewal. He sees animals as guides to integrity and wholeness. Darcy's other passions include cooking, cats, cycling, and travel.



**For more details, visit** <https://creativecouragepress.com/writing-together/>